

The Reality

Weekly Report 9/18/17 to 9/22/17

This past week, I have both built new skills and watched old ones deteriorate. As I conclude the fifth week of the first marking period, I am starting to face the reality that not everything can be done perfectly in the midst of a packed schedule, so I have had to prioritize. Hence, as skills such as obsessive perfectionism and maintaining an inflexible schedule start to fade, others such as endurance and integrity have strengthened. I have found myself staying up until later hours and waking up at earlier hours to finish large tasks, but I have also had more integrity and taken more pride in my work as I complete it.

On the aspect of informational content on my ISM topic, I have performed very intriguing research on how “resource seeking,” an occupation that involves people without jobs using charities and volunteer work to get by, is seen in the realm of occupational therapy. For a long time in American culture, resource seeking has been looked down upon because it entails a person not having a formal job. However, I have come to the understanding from this research that every person, regardless of their social class or life situation, has an equal right to therapy which can be implemented to greatly improve their lives. This expands my horizons regarding this career field because it reveals to me that there is more to occupational therapy than simply helping people complete *common* everyday tasks; They also may require psychological help regarding their issues with social class and poverty.

However, as a result of this research and my experiences this past week, I have come to wonder whether or not a profession such as occupational therapy will be subject to a negative stigma in the real world. I still do not think that this would sway my desire to pursue the career in either direction, but the fact would be valuable to consider when deciding in what facility and in what environment to manifest my skills. In my research, it is explained that because of the fact that few people see the occupation of resource seeking as valid, few people will in turn be willing to support people in that situation. This past week has hence enlightened me to the fact that in the real world, I may face some stigma against this occupation should I decide to pursue it, but my determination and integrity will drive me to follow my passion.