

Quicksand

*Weekly Report 12/04/17 to 12/08/17*

As the winter break is quickly approaching, time is running out to finish my goals that I have set for this week. By this Friday, I hope to finish either getting a mentor or finding the person who I will ask to be my mentor, finish my model of my original work in Google Sketchup, and update and publish my digital portfolio. These goals seem very daunting as of right now, but I believe that with enough dedication and passion for my area of interest, Occupational Therapy, I can achieve all of them. I look forward to making great strides in my development throughout this coming week.

I am the most concerned regarding my goal of obtaining a mentor by the end of this week. I have been tirelessly calling more OTRs to schedule as many interviews as I can, but so far have only achieved one more than I originally had. The first person I asked to be my mentor respectfully explained that she would not have the time, but this was somewhat of a setback for me as she was one of only two OTRs I had interviewed. It is incredibly difficult to schedule an interview with an actual Occupational Therapist rather than a Psychiatrist or Counselor because OTRs are more often than not involved in therapy sessions at the moment I try to call them, and if I try to leave a message, it is rare to get a call-back. From this, I have learned that I need to be persistent in calling people and occasionally, I might need to call the same person multiple times before getting a response. Going forward, I hope to be able to use other methods of finding contacts so that I can find a greater variety of OTRs to call and eventually be able to schedule an interview with several of them.

Regarding my original work, once I finish all of my interview assessments in the near future, I plan to direct the majority of my time to both constructing the project and researching the exact motor skills that I need to make sure my work is designed to exercise. For instance, if I realize that I need to help kids develop hand-eye coordination, I might design a mechanism on the structure that requires them to use their hands to play with meticulous and small toys. Through consistent determination towards this goal and all of my other ones regarding my ISM journey, I believe that I will very soon be able to accomplish them.