## On Your Marks, Get Set... Weekly Report 01/29/18 to 02/02/18

This week has been a great opportunity for me to reflect on how the work I have done so far, through my original work, will play into my final product. More specifically, I have been assessing my exact goals and setting specific deadlines for myself regarding my progress in the final product. Setting deadlines and being consistent with them is a great way for me to improve even more upon one of my SMART goals, which was to maintain consistent effort and concentration through extensive projects. I will have to ensure that I meet specific progress checkpoints, including buying the materials, building the framework, and building individual components, in a timely manner.

I have also used this past week as an opportunity to write a brief bio about my mentor, Alice Petranek. Since I have not met with her other than during the informational interview yet, I do not have a great amount of specific detail to include in the bio. However, I made sure to draw attention to her goals as an Occupational Therapist and what I plan to do through my work with her. After conducting my first mentor visit, I will add many more details to the short biography.

Going forward, I must begin to dive straight into the action regarding my final product. I am practically finished with the planning and goal setting stage and now I need to actually do what it is I have been planning for the whole year so far. Very soon, I will prepare for the task by cleaning out my workspace, which will be my garage, and ensuring that I have all of the necessary tools, including a power drill, an electric saw, and several other pieces of basic construction equipment. I will then venture to Home Depot or Lowe's and buy several large thick and sturdy wood panels to construct the walls and floor of the structure. I have yet to determine exactly what materials I will create some the individual components out of, but doing so will be one of my many time-sensitive goals moving forward with this project. I look forward with great excitement to utilizing my knowledge and skills gained throughout the year so far in order to create a three-dimensional structure that will help the young children of my community.